

# NUTRITIONAL INFORMATION



	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Allergens	
<b>Frozen Yogurt</b>																			
Banana Bread	89	110	0	0	0	0	0	55	24	0	19		3	0	4	10	0	M	
Banana Cream Pie	83	100	0	0	0	0	5	75	21	0	17		3	0	2	10	0	M	
Birthday Cake	83	100	5	0.5	0	0	10	75	20	0	16		4	0	0	15	0	M,E	
Cake Batter	83	130	25	3	2	0	35	75	22	0	17		3	2	0	10	0	M,E,W	
Candy Bar Smash	89	130	20	2	0.5	0	0	85	23	0	17		4	0	2	15	0	M, P, TN, S	
Cherry Amaretto	89	110	0	0	0	0	0	60	24	0	19		4	0	2	15	0	M	
Classic Tart	83	90	0	0	0	0	0	65	20	0	15		3	0	0	10	0	M	
Cookies and Cream	83	110	5	0	0	0	5	80	24	0	17		3	0	0	10	0	M,E,S,W	
Dulce De Leche	83	120	20	2	1.5	0	20	70	23	0	18		3	2	0	10	0	M,E	
Eggnog	83	110	0	0	0	0	5	70	23	0	19		3	0	0	10	0	M,E	
Georgia Peach	83	90	0	0	0	0	0	60	20	0	17		3	0	8	10	0	M	
Ghiradelli Chocolate	83	110	5	0	0	0	0	75	23	1	17		3	0	0	10	2	M	
Graham Cracker	83	100	0	0	0	0	5	70	23	0	18		3	0	0	10	0	M	
Mint	83	100	5	0	0	0	10	65	22	0	18		3	0	0	10	0	M,E	
Momma's Apple Pie	89	130	25	3	2	0	5	70	23	1	19		4	2	4	20	4	M	
New York Cheesecake	83	100	5	0	0	0	10	75	21	0	17		4	0	0	10	0	M,E	
Peanut Butter	83	120	35	4	1.5	0	5	90	19	1	14		4	2	0	10	0	M,P	
Pecan Praline	83	110	0	0	0	0	5	80	22	0	18		3	0	0	10	0	M,TN	
Peppermint Stick	83	100	0	0	0	0	5	70	20	0	17		3	0	0	10	0	M	
Pistachio	83	100	5	0	0	0	5	75	22	0	18		2	0	0	10	0	M	
Pumpkin	89	130	25	3	2	0	10	55	22	0	17		3	2	2	10	0	M,E	
Red Velvet Cake	83	120	20	2	1.5	0	15	70	23	0	17		3	0	0	10	0	M,E	
Salted Caramel Pretzel	89	120	25	3	2	0	5	170	19	0	16		4	2	4	15	0	M,W,TN,S	
Snickerdoodle Cookie Dough	89	110	0	0	0	0	0	60	24	0	19		4	0	2	15	0	M	
Strawberry Shortcake	83	110	15	2	1	0	20	70	21	0	17		3	2	2	10	0	M,E	
Sweet Coconut	83	100	5	0.5	0	0	0	65	21	0	18		3	0	0	10	0	M,S,TN	
Toasted Marshmallow	83	100	0	0	0	0	0	60	22	0	19		3	0	0	10	0	M,E	
Triple Chocolate	89	130	25	2.5	2	0	5	55	22	0	17		4	2	2	15	4	M	
Vanilla Bean	89	100	0	0	0	0	0	55	22	0	16		3	0	2	15	0	M	
White Chocolate Mousse	89	140	25	2.5	2	0	5	55	25	0	21		3	2	2	15	0	M,S	
<b>No-Sugar-Added Frozen Yogurt</b>																			
Red Raspberry	83	70	0	0	0	0	0	75	17	3	6	3	3	0	2	15	0	M	
Strawberry Banana	83	80	0	0	0	0	5	80	18	3	6	3	3	0	0	15	0	M	
<b>Sorbet Non-Dairy</b>																			
Cherry Limeade	89	90	0	0	0	0	0	0	21	0	18		0	0	0	0	0	n/a	
Chocolate Fudge	83	100	5	0.5	0	0	0	30	25	4	14		1	0	0	0	8	n/a	
Clementine	89	90	0	0	0	0	0	0	22	0	19		0	0	0	0	0	n/a	
Juicy Mango	83	0	0	0	0	0	0	0	21	0	15		0	0	0	0	0	n/a	
Key Lime	83	90	0	0	0	0	0	0	23	0	17		0	0	4	0	0	n/a	
Kiwi Strawberry	83	90	0	0	0	0	0	0	21	0	16		0	0	2	0	0	n/a	
Pink Lemonade	83	80	0	0	0	0	0	0	21	0	15		0	0	4	0	0	n/a	
Pomegranate Raspberry	83	90	0	0	0	0	0	0	23	0	18		0	0	0	0	0	n/a	
Strawberry Lemonade	83	90	0	0	0	0	0	0	22	0	16		0	0	10	0	0	n/a	
Watermelon	89	90	0	0	0	0	0	5	19	0	20		0	0	0	0	0	n/a	
<b>Soft Gelato</b>																			
Cake Batter	89	150	60	7	4.5	0	45	75	19	0	15		4	6	2	15	0	M,E	
Chocolate Chip Cookie Dough	89	140	50	5	3.5	0	40	70	19	0	18		4	6	2	15	2	M,E,W,S	
Mocha	89	160	60	6	4	0	40	70	22	0	18		4	6	2	10	0	M,E	
Peanut Butter Fudge	89	150	50	6	3	0	35	105	21	0	16		4	4	2	10	2	M,E,S,P	
Strawberry Shortcake	89	140	50	6	4	0	15	70	20	0	15		3	6	4	10	0	M,E	

**Product Allergen Information:**

Milk (M), Egg (E), Peanut (P), Soy (S), Tree Nut (TN), Wheat Gluten (W)